

Mayfield Medical Centres Urgent Prescription Policy

We have been forced to review our urgent prescription policy due to an increasing number of requests for repeat prescriptions to be issued on the same day at very short notice as patient run out of them without planning adequately to replace them in good time.

This policy is to ensure we provide a safe and consistent service to all our patients in a timely manner.

Requests for prescriptions outside of the normal prescription protocol impacts significantly on both doctor, pharmacist and administration staff time in what is already an extremely busy practice.

A request is only **deemed urgent** if you will run out of the medication that **same day** and if it is one of the following medications **from the list** below.

To request a medication urgently you will need to bring in your request, **by hand**, to one of our reception staff. You will need to nominate a pharmacy that you wish to collect your prescription from. We will send the prescription electronically to your pharmacy, and your urgent repeat prescription will be sent to the nominated pharmacy by **5pm**.

We will begin to implement this policy from September 2019 and by the beginning of October 2019 it will be fully operational.

Urgent medications include-

- **DIABETES MEDICATIONS:** Insulin and associated products and Glucogel
- **PALLIATIVE CARE MEDICATION**
- **BLOOD THINNERS** (Anticoagulants) such as Warfarin, Rivaroxaban etc
- **EPILEPSY MEDICATION** (Anticonvulsants) including Buccolam.
- **HEART RHYTHM MEDICATION** (Anti-arrhythmics) such as beta blockers, diltiazem, verapamil, amiodarone.
- **CORONARY HEART DISEASE MEDICATIONS** (Anti-anginals) such as oral nitrates: nicorandil, Isosorbide mononitrate, or GTN spray
- **ASTHMA MEDICATION** (Inhalers) i.e. ventolin, terbutaline, etc
- **ORAL STEROIDS** (if taking long term)
- **EPIPENS** (Adrenaline auto-injector)
- **CONTRACEPTION** - Only a 28 day supply will be issued urgently
- **MOOD STABILISERS** – (including antipsychotics and antidepressants) eg Lithium, Mirtazapine, Sertraline, Olanzapine, Quetiapine, Risperidone
- **RHEUMATOLOGY MEDICATIONS** (DMARDS) if due to take that day: methotrexate, sulfasalazine etc
- **PARKINSONS DISEASE MEDICATION**
- **WATER TABLETS** (Diuretics) - if used to treat heart failure, eg Furosemide, Bumetanide, Spironolactone.
- **ANTI-CANCER MEDICATION**

It is extremely important that you plan well in advance and avoid requesting your essential medications at the very last minute and this puts undue strain on the Practice and undue stress for yourselves.